

DEVELOPING SKILLS THROUGH HUMAN DYNAMICS IN LEADERSHIP DEVELOPMENT

Effective leadership in business is a complex equation, but it always includes the ability to skillfully manage Human and Business Dynamics. Cultivating both domains is a critical component of Leadership Development.



WHY ARE HUMAN DYNAMICS IMPORTANT?

Human Dynamics describes the interaction between the mental, emotional, relational, and the physical – both inside the individual leader and across her organization.

Strengthening Human Dynamics is best achieved through experiential learning that is realistic, relevant, and immersive – which leads to lasting outcomes that support strong teamwork, rewarding employee development, and cooperative execution of business objectives.



DEVELOPING THE FOUR DIMENSIONS OF HUMAN DYNAMICS THROUGH LEADERSHIP DEVELOPMENT

MENTAL

Our attitude, self-awareness, and ability to process information play a large role in our capacity to lead.

RELATIONAL

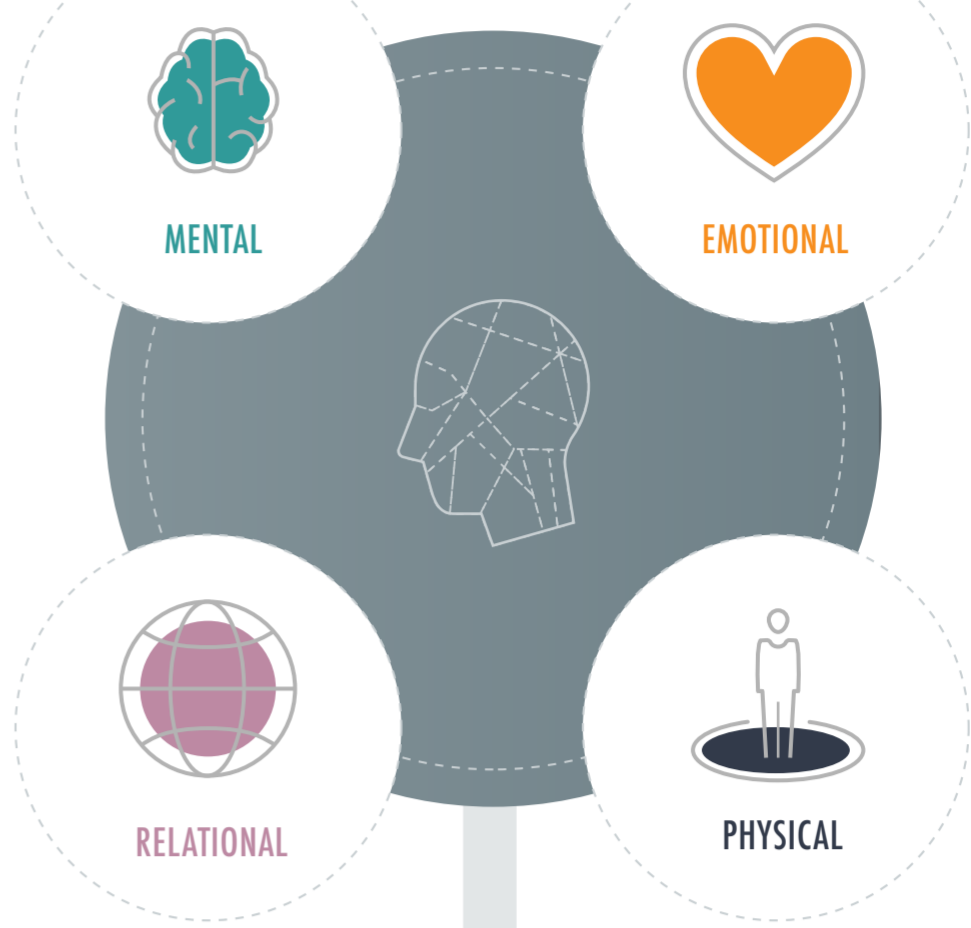
Understanding connections that impact the way we show up to work with or lead others.

EMOTIONAL

Our internal environment – how we feel and how we manage emotion – impacts the way we show up to work with or lead others.

PHYSICAL

Our bodies, including health, nutrition, and physical presence, cannot be ignored in the Human Dynamic equation.



MENTAL

Develop mental acuity by presenting lifelike problems that require the participants to make deliberate choices that take human and business factors into account.

SAMPLE ACTIVITIES

- SIMULATED DAY-IN-THE-LIFE SCENARIOS
- GUIDED REFLECTION



EMOTIONAL

Develop emotional management by acknowledging areas of weakness and practicing the skills to improve.

SAMPLE ACTIVITIES

- MINDFULNESS ACTIVITIES
- EXPERIENTIAL LEARNING DEBRIEFINGS



RELATIONAL

Hone systems thinking and social skills with activities that help participants directly connect their strategic priorities with execution, leveraging both the people and assets of their organization.

SAMPLE ACTIVITIES

- GOAL SETTING
- COMPARISON FRAMEWORK FOR DAY-IN-THE-LIFE DECISIONS VS. PRIORITIES
- RELATIONAL IMPACT VISUALIZATIONS



PHYSICAL

Acknowledge the health of the person and the role it takes on their ability to lead, as well as the effects of unexpected events, such as illness, family needs, or injury, to develop a prevention and management plan for the future.

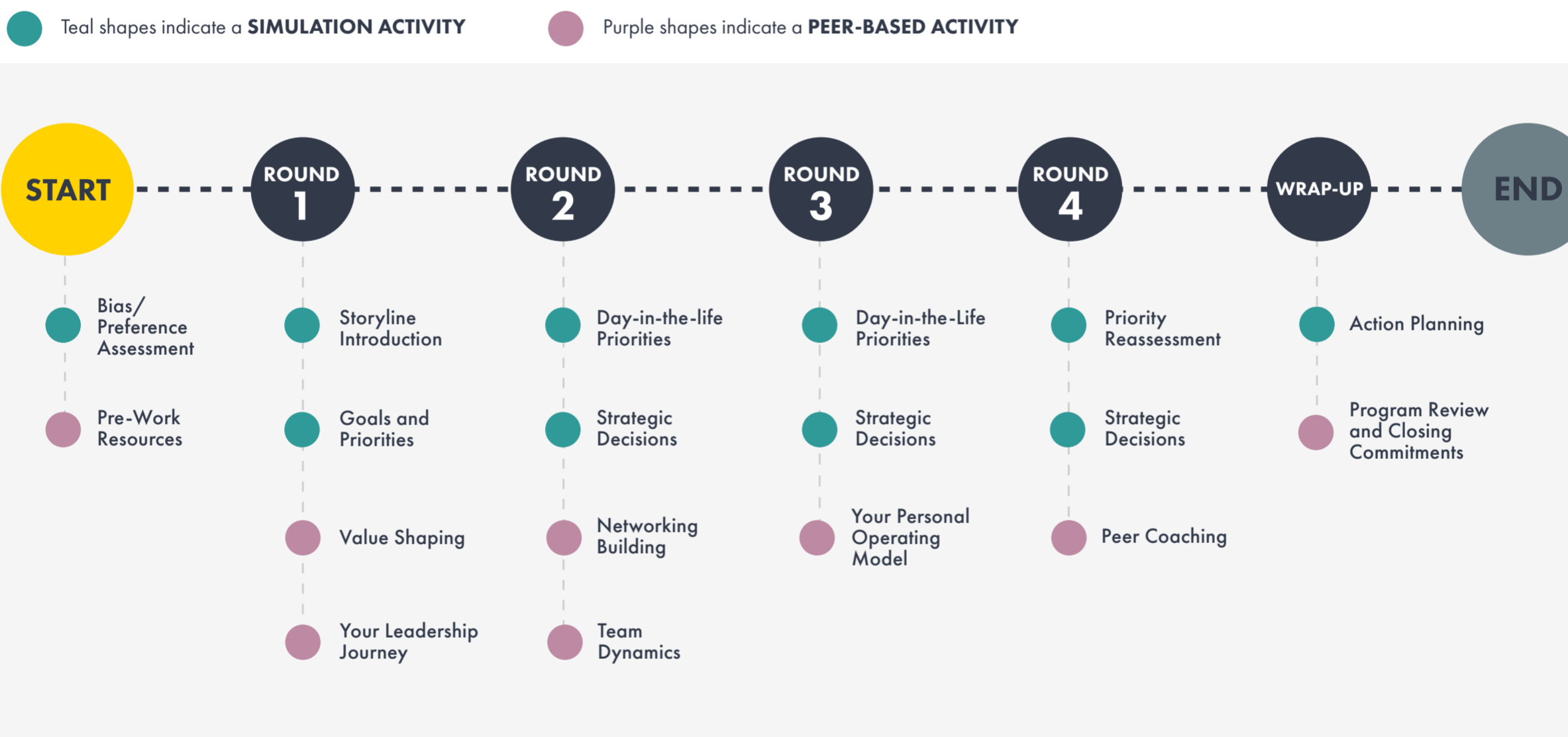
SAMPLE ACTIVITIES

- WELLNESS + VITALITY EDUCATION AND EXERCISES
- ROADBLOCKS + CHALLENGES WORKSHOPPING



HOW IT COMES TOGETHER

Here is an example of a program that is built around Human Dynamics:



THE BENEFITS OF LEADERSHIP DEVELOPMENT PROGRAMS THAT SUPPORT HUMAN DYNAMICS

Skilful Team Development + Leadership

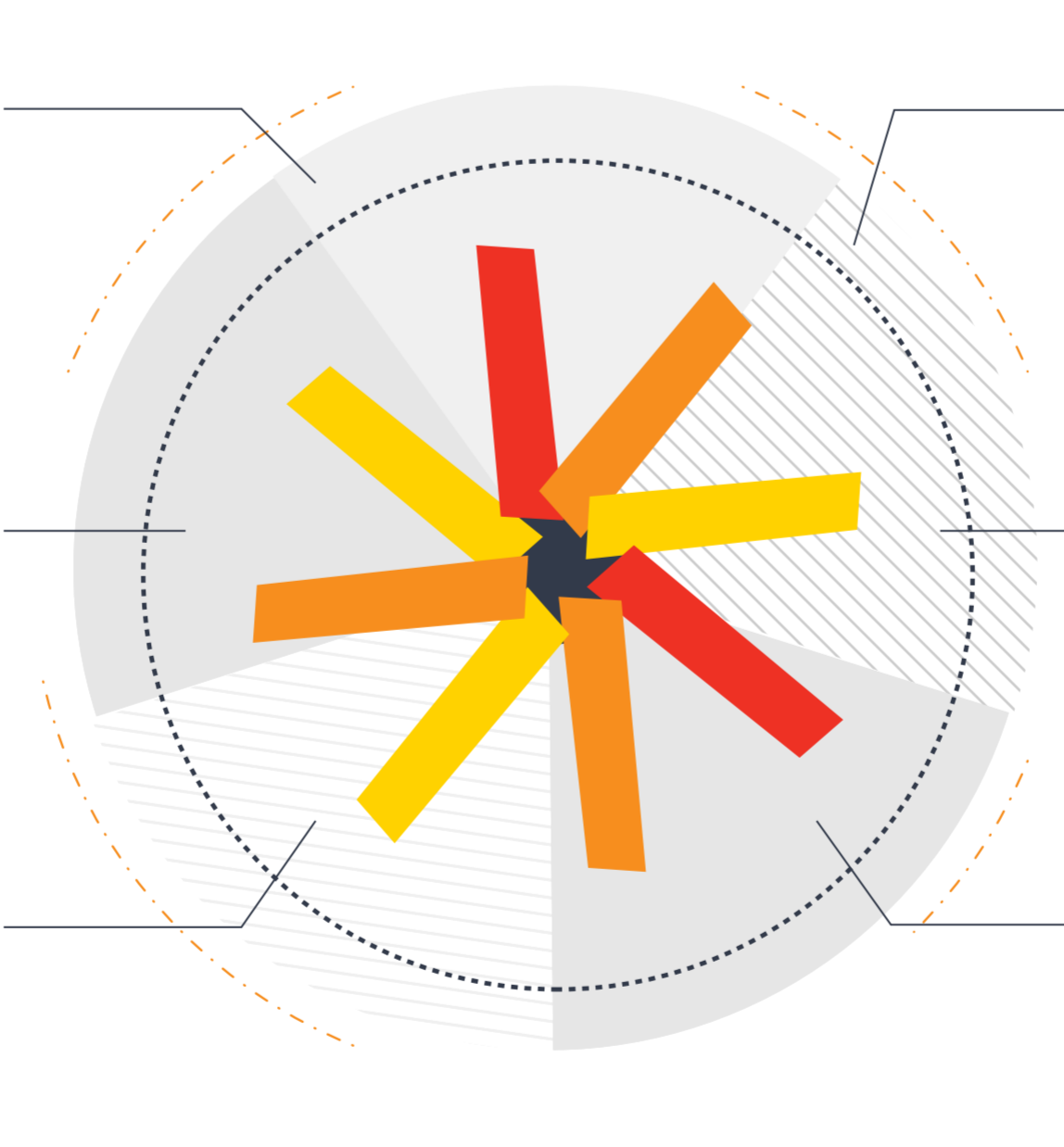
Become an inspiration to peers and subordinates, helping them to become whole leaders in their own right.

Effective Balance of Personal and Business Priorities

Manage your own personal operating model to maintain healthy interpersonal relationships and deliver on mandated objectives.

Enhanced Collaboration Across the Organization

Take complex problems in stride, build your own network to bring the best of the organization together while accomplishing the most ambitious business goals.



Improved Management of Short- and Long-Term Results

Easily identify what's really important to contribute to high-level strategic goals while managing day-to-day activities.

Discovery and Alignment to an Increased Sense of Purpose

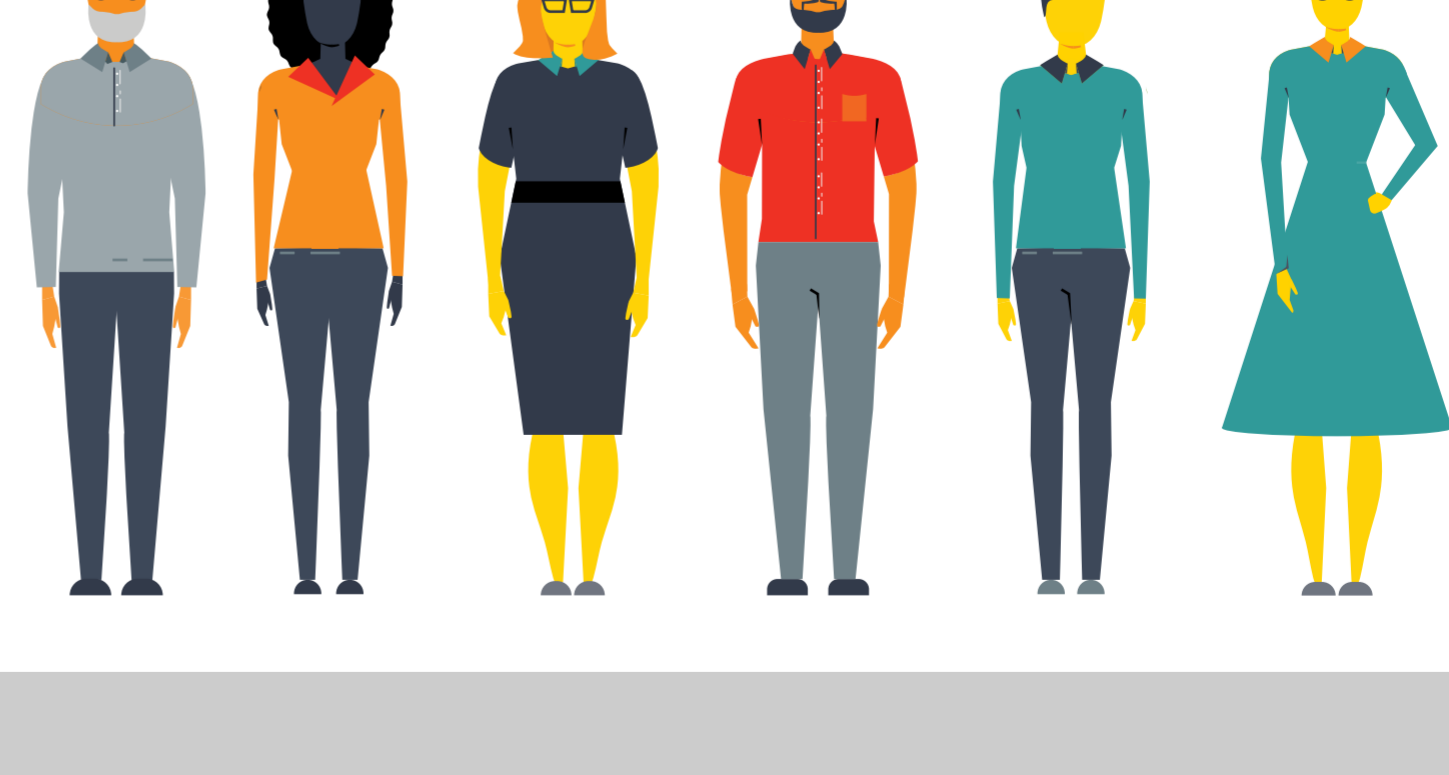
Track toward your own career vision, as well as connect with the mission of your organization.

Greater Personal Wellness + Resilience

Better manage stress, cultivate self-awareness, and leverage self-care so you can bring your best self into all of your challenges and opportunities.

HUMAN DYNAMICS PROFOUNDLY SHAPE WHOLE LEADERS.

- "There's no risk you'll embarrass yourself in front of a client or a senior partner. You can try things out you can do things that you might not otherwise do."
- "What a program like this does is accelerate our learning. Something that I would learn in one-year or in six months... I can just learn things faster."
- "What surprised me is how interactive it is. How you can... really learn by doing instead of learning by being told."
- "It was really inspiring to realize that the question I'm grappling with may be very similar to what others are grappling with."



I'VE BEEN WITH THE COMPANY FOR OVER 25 YEARS AND NEVER LEARNED MORE IN A PROGRAM THAN I DID IN THESE 3 DAYS.

– Leader Participant in the Restaurant Industry

BETTER LEARNING. BETTER LEADERS. BETTER PEOPLE. WITHIN YOUR REACH.

SCHEDULE A MEETING WITH THE REGIS COMPANY TODAY.